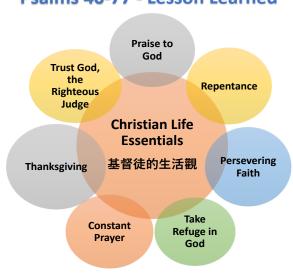
兄弟姐妹平安,謝謝辛牧師給我一個機會來分享過去一週讀經的心得和個人的感想。

在過去一週讀詩篇 40-77, 神藉著大衛和別的作者來提醒我基督徒應有的生命或生活觀. 容許我用中, 英文來分享一些的感想。

在詩篇 40-77 篇神提醒我,屬神生命的成長和生活中,不能缺少我們都熟悉的 7 個重要的操練: 1. 常讚美神, 2. 常常感恩, 3. 認罪悔改, 4.堅忍信心, 5.求神保護, 6.不斷禱告, 和 7.深信神是公義的神。還有神寶貴的應許:我們靠著神一定會勝過世界的挑戰和困難。



Psalms 40-77 - Lesson Learned

以下請我們大家思考反省:

- 1. 我們在屬世和屬靈生活成長裡面有些什麼的操練?
- 2. 我們如何表達我們所相信的一位創造宇宙萬物, 救贖我們的神,也是公義的神?
- 3. 我們有否經常向神認罪悔改?
- 4. 在這個動亂和疫情嚴重的社會, 我們怎麼樣靠神堅忍我們的信心?

我自己很慚愧很多方面的做得不好,最大虧欠神的是沒有常常認罪悔改,常常走在神前面,替神做決定, 也常忘記神是公義的,一切發生的事情都有祂的美意。

我特別喜歡這兩段經文:

57:1-2 "我的心默默無聲,專等候神;我的救恩是從他而來。惟獨他是我的磐石,我的拯救;他是我的高臺,我必不很動搖。"

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51:10-12 "神啊,求你為我造清潔的心,使我裏面重新有正直的靈。不要丟棄我,使我離開你的面;不要從 我收回你的聖靈。求你使我仍得救恩之樂,賜我樂意的靈扶持我."

Psalms 40-77 reminds me of Christian life essentials:

Praise to God

- 47 Praise to God, the ruler of the earth
- 54 Praise to the Lord for His love and faithfulness
- 63 Thirsting for God
- 65 Praise to God for His salvation and provision

Repentance

- 51 A prayer of repentance
- 44 Redemption remembered in present dishonor

Persevering Faith

- 40 Faith persevering in trial
- 42 Yearning for God in the midst of distress
- 55 Cast your cares on the Lord

Take Refuge in God

- 59 Deliver me from my enemies, my God
- 66 A calm resolve to wait for God's salvation
- 71 Take refuge in the Lord
- 77 In distress, I sought the Lord

Constant Prayer

- 51 A prayer of repentance
- 70 Prayer for relief from adversaries
- 74 A plea for relief from oppressors
- 43 Prayer to God in time of trouble

Thanksgiving

- 75 Thanksgiving for God's righteous judgement
- 67 May God shine His face on us

Trust God, the Righteous Judge

- 50 God the righteous judge
- 52 The end of the wicked and the peace of the godly
- 58 God judges the earth
- 73 The tragedy of the wicked, and the blessedness of trust in God

Lessons learned from Psalms 40-77:

Lessons:

- 1. Christian life essentials include:
 - Praise to God
 - Thanksgiving
 - Repentance
 - Prayer
 - Take refuge in God
 - Faith persevering in trials
- 2. God, the righteous judge
- 3. God's promises:
 - The tragedy of the wicked and the blessedness of trust in God
 - With God we will gain the victory

Reflection:

- 1. What is your spiritual practice in your Christian life?
- 2. How do you show your trust in God reigning over the earth and being the righteous God today?
- 3. How often do you go to God with prayer of repentance?
- 4. How does your faith persevere in time of trouble?

Conclusion:

- With God we will gain the victory!